



Camp WA WA Segowea
Overnight Camp Programs

COVID-19 PREVENTION & MITIGATION
POLICIES & PROCEDURES

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Lily Mercogliano Easton, Camp Director
Petronella Stoltz, LNP, Camp Health Care Consultant
Lisa Perks, Board President

Camp Committee Members:

Beth Hodos
Cori Cowan
Amy McPheeters

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I. OVERVIEW: Camp WA WA Segowea is operated by Smith Park of New York, Inc (SPONY) a non-profit organization, licensed by the New Marlborough Town Board of Health and regulated by the State of Massachusetts Department of Public Health (MA DPH). Minimum standards guidance are issued by MA DPH and are required for a camp license.

The State of Massachusetts continues to list COVID-19 as a “reportable” disease and maintains active guidance for within the state as to reporting, quarantine, and isolation when COVID-19 is detected. This guidance can be found here:

<https://www.mass.gov/info-details/covid-19-isolation-and-quarantine-guidance-for-the-general-public>

Additionally, Camp WA WA Segowea complies with American Camp Association’s standards for healthcare delivery and has incorporated the applicable guidelines of their COVID-19 guidebooks.

Lastly, Camp WA WA Segowea follows the guidance of the Center for Disease Control (CDC) in the event that such guidance is not already covered by MA DPH or ACA (i.e. for the most up to date checklist for COVID-19 symptoms).

If any changes are made to these policies, those changes will be reviewed and approved by the SPONY Camp Committee, sent to all campers via email, and posted on our website at www.campwawa.org.

- II. **MINIMIZING EXPOSURE OF COVID-19 AT CAMP:** home prevention best practices, testing, safe travel, and reducing any exposure to visitors or the public during a session are the key strategies being used to limit exposure of COVID-19 this summer.

Additionally, a cabin cohort structure may be implemented at the discretion of the Camp Director and Health Care Consultant based on community spread indicators. The CDC's community tracker is found here (Camp is located in Berkshire County in Massachusetts):

<https://www.cdc.gov/coronavirus/2019-ncov/science/community-levels.html>

1. **Best practices for preparing for, and traveling to, camp:** Prior to coming to camp, all campers, whether vaccinated or not, will be advised to limit COVID-19 exposure for 10 days by: screening daily for COVID-19 symptoms, avoiding in-door activities outside of the home, and wearing a mask when around people from outside their immediate family. If symptoms arise during this 10 day pre-camp period, families are advised to consult with their doctor. **A PCR test for COVID-19 is required by Camp 48-72 hours prior to coming to camp (Thursday afternoon, or Wednesday afternoon if 24 hour test results are not available regionally). *This test requirement is for all campers and staff.***
2. **When traveling to camp,** campers should avoid close contact with anyone outside their household, wear a mask, and remain socially distanced anytime indoors, and wash hands frequently.

Staff will follow the above best practices for ten days prior to campers arriving- 7 of those days will be spent at camp for staff training.

CDC List of Common Symptoms of COVID-19:

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

3. **Testing:** A PCR test is required prior to coming to camp for all participants, a rapid test is required prior to entering a cabin, and further tests are required at the onset of any symptoms of COVID-19. **These testing requirements apply to all participants, whether vaccinated or unvaccinated.**

- a. **PCR lab test within 48- 72 hours of coming to camp:** All camp participants, both campers and staff, will show proof of a negative PCR lab test taken within 72 hours of coming to camp before traveling to camp. *Please note that a PCR test is **not the same** as a rapid antigen test.*

For campers, this will mean a test taken Thursday afternoon before arriving on Sunday. Test results will be uploaded into the camper or staff member's health portal.

Campers or staff without a negative result will not be allowed to check in at camp until a negative result is posted.

Camp WA WA Segowea will not provide isolation care for campers that have arrived at camp without negative results- the camper will have to return home until the result is available.

The only exception to testing is in the case of a positive, and resolved, case of COVID-19 within the last 90 days. In such cases, a doctor's note indicating the diagnosis and recovery from COVID-19 within the last 90 days must be uploaded instead.

Due to the nature of overnight camp sessions and campers from many different regions living together in cabins, vaccination status does not change anything in regards to testing requirements at this time.

PCR testing can often be found at local pharmacies and urgent cares, however, we strongly recommend that a family make an advance appointment for the Thursday prior to their Sunday check-in AND confirm that results will be available by Saturday. **Contact camp staff by June 1 for assistance if you are having any trouble locating an accessible testing site.**

- b. **Arrival test:** Upon arriving at camp, all participants will be given a rapid test administered by our healthcare team. If a participant has a positive result, the participant will need to return home for ten days.
- c. **Symptoms test:** If a camper has symptoms of COVID-19 as outlined in the above definition from the CDC, guardians will be contacted and the camper will be given a rapid test either at camp administered by a trained staff member. If a positive result is indicated, the participant must return home for ten days and until they test negative again on a rapid test.

- d. If a camper is staying for the full month:** If a camper is staying for both sessions, our recommendation is for them to stay at camp for the session break and not be exposed to the public. If a camper chooses to go home for session break they will be tested 48 hours after returning to camp instead of at check-in.
- 4. Remote day field trips:** All travel off-campus that is not for emergency health care purposes, must be outdoors and within 45 minutes driving distance from Camp. All field trips must take a first-aid kit, and contactless thermometer.

In the event that a participant begins to feel symptoms of COVID-19 on a field trip, that individual must be removed from the group and isolated until the health care consultant is contacted and the emergency back-up driver and an assistant can come from camp. No one will be left alone. A participant that is symptomatic will remain in a covered location, outside, until the health care consultant can dictate care and the back-up driver arrives. The back-up driver and assistant will wear full PPE, using an emergency PPE bag stored in each vehicle, and then return the participant to camp to be tested and quarantined appropriately.

The following types of trips are permissible under supervision of camp staff or leadership:

- a. Hikes and canoe trips that do not involve the public, IE: The Appalachian Trail, 100 Acre Pond, Mill River preserves, weekday hikes to select trails.
 - b. Drive-through food establishments
 - c. Mini-golfing out other outdoor activities during the week when public traffic is low.
- 5. Staff Policies:** Staff are encouraged to get vaccinated and will show proof of their vaccination prior to coming to camp.. All healthcare staff are required to be vaccinated.

During time-off, staff will be advised to use best practices for personal time such as remaining masked when around others and limiting in-door exposure.

All staff will monitor daily symptom checks alongside campers. If the community transmission levels in Berkshire County are medium or high, staff will also undergo weekly screening testing with antigen rapid tests.

- 6. Visitors:** No visitors are allowed in Base Camp during the summer. This includes parents, guardians, alumni, and board members.

- 7. Volunteers:** Experienced individuals for select, non camper facing, roles at camp (such as weekend kitchen support, and facility projects) will be capped at 8 for the summer. Volunteers are required to be vaccinated, rapid-tested, approved by the Health Care

Consultant and trained to minimize exposure risk can fill volunteer needs as approved and scheduled by the Camp Director.

State health officials, emergency personnel, accreditation visitors, delivery drivers, landscape mowers, and mechanical technicians are allowed on the property for scheduled, necessary visits and must remain masked, at a distance, and log their visit in the visitors' log. All such entrance into Base Camp must be approved by the Camp Director, Healthcare Consultant, or Facility Manager- except in the case of dialing 9-1-1 for an emergency.

8. Communication with Parents and Guardians: If a camper or staff member is showing any symptoms of COVID-19, their guardian will be notified and a test will be administered. If a test is positive, Camp WA WA Segowea will follow the communication plan outlined below in the "Responding to a positive case of COVID-19" section. In the event of a negative test result, only the sick camper's guardians will be contacted and appropriate care measures will be taken for that camper.

III. RESPONDING TO A POSITIVE CASE OF COVID-19: Showing symptoms of, contracting, or being exposed to COVID-19 is a risk for all participants in camp this summer. In the event that a participant tests positive, or has on-going symptoms of COVID-19 the following protocols and policies will be in place to care for the sick or asymptomatic participant, communicate with our families and health officials, and protect all other participants to the greatest extent possible.

1. Immediate care for participants:

- a. Isolation:** All participants that receive a positive test will be isolated immediately and their guardian will be notified to pick them up as soon as possible. Hart Lodge will be the primary location for isolation, with three bedrooms available for 3 participants. If a larger area is needed, the page yard will be used for up to 8 additional isolation tents. If multiple participants test positive and space is needed, members of the same cohort, who have both tested positive, will isolate together in Page Lodge. The participant will need to go home for 10 days and until they test negative on a home test.
- b. Quarantine:** Guardians will be contacted in the case of any exposures at camp.
 - i. Vaccinated participants:** If an exposed participant is vaccinated, and symptom-free, that participant will have the option to wear a mask for ten days and remain at camp. The exposed, vaccinated, participant will test on day 5 with a rapid test.
 - ii. Non-vaccinated participants:** If a non-vaccinated participant is exposed to COVID-19 as determined by the Health Department, that individual will go home for ten days to complete their quarantine.
- c. PPE Guidelines:** For all suspected or confirmed cases of COVID, all appropriate PPE equipment will be used by close contacts to include but not limited to: disposable gloves, gown, eye covering, mask and cap.

- d. Emergency Medical Attention Criteria:** All medical concerns will be immediately evaluated by the nurse on duty and appropriate treatment initiated. If it is deemed that there is a life-threatening situation or the care required is beyond the healthcare center scope of practice, the Nurse or Health Care Consultant will direct care to the nearest urgent care or emergency room facility. In such a case, the Camp Director will notify the guardians of the transfer.
 - e. Bathroom Use and Sanitization Protocol:** The bathrooms at Hart Lodge will be the primary bathroom used for all participants either in isolation or quarantine. Masks must be worn in the bathroom, and the Health Care Assistant or Nurse will sanitize the bathroom between each use.
 - f. Overnight isolation and quarantine.** If needed due to travel length, participants can isolate or quarantine overnight at Hart Lodge. Meals will be delivered, and full-time supervision and healthcare will be provided by either the Health Care Supervisor or the Camp Nurse. The staff member on duty will have a two-way radio and keep in touch with the Camp Director continuously, providing updates as needed if emergency medical attention is needed. An independent phone line is also available in Page Lodge for any emergencies.
- 2. If a participant is symptomatic, but tests negative or receives an alternative diagnosis:** Participants who are symptomatic, but have tested negative, must remain quarantined from other participants until all symptoms have stopped and for 24 hours after being fever-free using no suppressant medication. If transportation home for this period of time is prohibitive, participants may remain at camp, in Page Lodge, for their quarantine period. *Vaccination status does not change quarantine protocol for anyone experiencing symptoms of COVID-19.*

2. Communication of Symptoms at Camp

- a. Nurse or Health Care Assistant:** All participants will be oriented on the first day of programming to disclose any symptoms to their cabin counselor or the camp nurse immediately. Cabins will self-screen each morning after breakfast and report any symptoms to the health care team. If a participant is demonstrating symptoms, or has an elevated temperature, they will go see the Camp Nurse.
- b. Leadership & Health Care Consultant:** Once a symptom has been confirmed by the camp nurse, the camper's guardian will be called. A test will be administered and if the result is positive, the Camp Nurse will take over all care of COVID cases and the Health Care Supervisor will manage the needs of the rest of the camp.

- c. **Immediate Parents/Guardian:** Guardians of the sick participant will be notified via a phone call before a test is taken, and once the results have come back. If a participant is positive, the guardian must make a plan to pick up the participant as soon as possible. Long-term isolation care is not available at camp. If a participant is negative, the Director, Nurse, and guardian will discuss options for care as outlined above in the “what happens when a camper is sick at camp but it isn’t COVID-19” section.
- d. **Board of Health & DPH Notification & Contact tracing:** The BOH will be notified immediately if there is a positive case of COVID-19 at camp. DPH will also be notified via an incident report within 48 hours of the positive result.
- e. **All parents, and Board of Directors:** If a participant is positive, all parents and guardians and the Board of Directors of Smith Park of NY will be notified via email.
- f. **No personal identification of any individuals will be shared.** I.E. if one cabin has a positive case, and 5 campers have been exposed, the notification will read: one camper has tested positive for COVID-19 and is isolating with care from our Camp Nurse. 6 other campers were exposed and are now quarantining appropriately.”

In the immediate 4 hours after this notification is sent, communication about non-exposed campers is requested to take place via email and not the camp phone in order to keep the two phone lines free for communication with the families of campers that are isolating and quarantining. Please know that we will return all messages as promptly as possible.

IV. MITIGATING THE SPREAD OF COVID-19 AT CAMP: With the understanding that exposure to COVID-19 is a possibility throughout a participant’s time at Camp, the following protocols and policies will be in place to limit widespread COVID-19 exposure to the greatest amount possible.

1. **Check-in/Check-out protocol:** No visitors will be allowed into Base Camp at any point in the summer. Check-in and check-out will happen at the top of the camp hill. Check-in will start at 1:30, and pick-up will be at 10 AM.
2. **Handwashing, proper cough and sneeze etiquette:** All participants will be oriented on the first day of programming how to properly cough and sneeze into their elbow to minimize the spread of germs. Participants will also be instructed to wash hands frequently.

3. **Daily symptom screening:** Each day after breakfast cabins will self-screen for symptoms of COVID-19. Additionally, the entire camp community will be oriented to notify a staff member or the nurse at any time if symptoms arise.
4. **Supply management:**
 - a. The main lodge program area in camp will have a locked area to store cleaning supplies. These supplies will be checked daily during camper chores in the morning and re-stocked as needed.
 - b. All medical PPE will be checked by the nurse or health care assistant each week if no quarantine or isolation has been required, or immediately following any potential contact, and the director will be notified if any more ordering is required. The following minimum amount of PPE will be available at all times:
 - 2 boxes of masks
 - 3 boxes of gloves
 - 2 boxes of each: face shields, caps/bonnets, gowns
5. **High-frequency touch sanitizing:** The camp bathrooms and handwashing areas will be sanitized daily. Dining surfaces will be sanitized after each meal. There are no doorknobs or other high-touch areas that need sanitizing.
6. **Cohorts if Needed: *If the Health Care Consultant or Local Board of Health deems the use of cohorts as a necessary mitigation strategy due to either high transmission in the community, or evidence of transmission at Camp, the following structure will be implemented:***
 - a. **Basic Structure:** Each camper will be assigned a cabin with 1-2 counselors. This cabin will include 6-8 campers and will be the camper's cohort for all activities. These groups will stay together for the duration of the day and will be the group that a camper eats and sleeps with. Campers and counselors in their assigned cohort do not wear masks inside the cabin, or during activities that are only the cohort and distanced from other cohorts. Everyone will wear a mask whenever distance can not be maintained (i.e. in the bathhouse, walking on cabin row, walking to and from the dining hall).
 - b. **Meals:** Food will be served family style in the dining hall. Kitchen staff will sanitize tables daily after each meal. If cohorts are implemented, select cabins will move their dining area to the side-porch and lodge in order to provide distance between tables.
 - c. **Emergencies:** The cohort structure will remain in effect during all emergency drills and actual emergencies. During all storm-related emergencies where evacuation is not needed, cohorts will shelter inside the lodge and dining hall in marked areas that are 6 feet from other cohorts. If evacuation of the property is needed, cohorts will remain together, follow the evacuation protocol and be picked up individually by guardians. Off-site group travel will not be provided by Camp WA WA Segowea.

- d. **Masks:** Cohorts are exempt from wearing a mask when together and more than 6 feet away from other cohorts outside, or inside eating a meal and 6 feet apart from other tables. Masks must be worn by all participants when in the bathhouse, but not showering or brushing teeth, on cabin row, and going to and from the dining hall.
- e. **Waterfront Activities:** Cohorts will remain together for swimming and boating activities. Campers cannot share a boat with a camper from another cohort, and must remain 6 feet away from boats in other cohorts. The C-Dock will be used by one cohort at a time. The big dock will be divided into two zones: the log and the main dock. Two cohorts may use the Big Dock at the same time provided that normal guarding for both areas is scheduled and the cohorts remain in the two separate designated zones.
- f. **Hygiene Activities:** Campers will have access with a buddy or triad to use the bathrooms as needed during the day, everyone will wear masks. Showers will be staggered, as they usually are, and only one cabin will shower at a time. Similarly, cabins will rotate through use of the bathhouse at bedtime so that only one group is brushing teeth at a time.
- g. **Paired activities:** Cohorts may be paired for non-contact activities and remain distanced throughout the activity. Some examples are: side porch board games, pottery, cabin skits, and arts and crafts. Masks must be worn for the duration of the activity and cohorts must stay in designated areas that are 6 feet distanced from each other. A log of all paired activities will be maintained by the Health Care Assistant and Safety Coordinator, and materials can not be shared between cohorts.

*****Staff will remain in their assigned cabin cohort for the duration of the session. The exception to cohorts will be as follows:**

1. Specialty activity teaching: staff who teach specialty activities such as swimming, sailing, archery, and arts and crafts will do so while maintaining a social distance from all campers.
2. Emergency supervision: If a cohort requires supervision and none can be provided by their immediate counselors, a leadership staff member may assign another counselor to support that cabin. All members of the cohort must wear masks, and distance between the supervising counselor and cohort members.

VI. Continuation of Care for Non-Impacted Participants: In the event of a participant, or multiple participants, testing positive for COVID-19 or being exposed to COVID-19, the Nurse and Health Care Assistant will split management of camp healthcare into “COVID” and “Base Camp” so as to maintain quality care for everyone at camp. This split will be determined by the Camp Director and the Health Care Consultant. In any case, two adults will supervise campers in isolation or quarantine, unless multiple campers are placed together in the same room. At no time will one adult staff member supervise one camper alone.

In most cases, the following will take place, however Camp retains the discretion to assign staff members that best fit the needs at that point in the program.

1. Asymptomatic Participants in Quarantine: The Health Care Assistant will supervise the care of quarantined participants who are not symptomatic and awaiting to go home, coordinate the communication plan, and provide care as needed. The Health Care Assistant will have a walk-talkie and will communicate with the Camp Nurse if any symptoms present themselves. The Camp Nurse will remain in Base Camp and will continue to care for the rest of the Base Camp population at camp and monitor for any new symptoms or needs.
2. Symptomatic Participants: The Camp Nurse will supervise the care of symptomatic participants waiting to go home, coordinate the communication plan, and provide care as needed. The Health Care Assistant will manage the care for the rest of the camp and will communicate via walkie-talkie with the Camp Nurse if an urgent need arises.
3. Both symptomatic and asymptomatic participants: In this case, the Camp Nurse will supervise care and will request additional support from the Camp Director as needed. The Health Care Assistant will supervise the healthcare for the remaining Base Camp population of camp.

VI. REFUND POLICY: No changes to the camps refund policy, included below, will be made in the case of contracting or being exposed to COVID-19 this summer- including in instances for symptoms, a confirmed case, or exposure to COVID-19 exclude the camper from programming for any amount of time.

Payment Information:

\$100, non-refundable, deposit per camper, per session is due at the time of registration. This deposit secures your camper a spot at Camp. The full balance of your registration is due June 1 for all overnight campers, or within one week of a Family Camp session.

Refund Policy

If space and circumstances allow, families may elect to move their child to a different session/ program at no additional cost (except any additional costs a different program may incur). If a family must cancel, or if illness, accident, or exposure to illness excludes a camper from the program under any circumstances, please understand the following: If you cancel with more than 30 days till the session start date, then you will receive all money paid EXCEPT \$100 refund; 30 days until the session start date = NO REFUND