



Camp WA WA Segowea
Overnight Camp Programs

COVID-19 PREVENTION & MITIGATION
POLICIES & PROCEDURES
2021

Published: May 15, 2021
Lily Mercogliano Easton, Camp Director
Petronella Stoltz, LNP, Camp Health Care Consultant
Sarah Perks, Board President

Camp Committee Members:
Cori Cowan
Beth Hodos
Amy McPheeters

TABLE OF CONTENTS:

1. Overview & Partners
2. Prevention of COVID-19 at Camp
3. Response to COVID-19 Positive Case at Camp
4. Mitigation of COVID-19 at Camp
5. Continuation of Care for Non Impacted Participants
6. Refund Policy

I. OVERVIEW: Camp WA WA Segowea is licensed by the State of Massachusetts Department of Public Health (MA DPH). Minimum standards guidance issued in March, 2021 will be adhered to by Camp WA WA Segowea at all times during the summer. **It is important to note that only MA DPH can change the minimum guidelines. Updated guidance by the CDC or any other public health partner will not impact our guidelines unless MA DPH chooses to make changes.**

Additionally, Camp WA WA Segowea complies with American Camp Association's standards for healthcare delivery and has incorporated the applicable guidelines of their COVID-19 guidebooks.

Lastly, Camp WA WA Segowea follows the guidance of the Center for Disease Control (CDC) in the event that such guidance is not already covered by MADPH or ACA (i.e for the most up to date checklist for COVID-19 symptoms).

If any changes are made to these policies, those changes will be reviewed and approved by the SPONY Camp Committee, sent to all campers via email, and posted on our website at www.campwawa.org.

II. **PREVENTING EXPOSURE OF COVID-19 AT CAMP:** home quarantine, testing, safe travel, implementation of cohort cabin groups for all participants, and reducing any exposure to visitors or the public during a session are the key strategies being used to prevent exposure of COVID-19 this summer.

1. **Self-quarantine and best practices for traveling to camp:** Prior to coming to camp, all campers, whether vaccinated or not, will self-quarantine for ten days. During this time, guardians are asked to screen the camper daily for COVID-19 symptoms as outlined below by the CDC.

Additionally, the camper should not be enrolled in group activities outside their home, should remain home as much as possible, always wear a mask when around anyone not from their immediate household members, and should avoid all in-door activities outside of their home.

When traveling to camp, campers should avoid close contact with anyone outside their household, wear a mask and remain socially distanced anytime indoors, and wash hands frequently.

All staff, whether vaccinated or not, will self-quarantine for three days prior to coming to camp, and remain in a modified quarantining during the 7 days of staff training before campers arrive.

CDC List of Common Symptoms of COVID-19:

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

2. **Testing:** A PCR test is required prior to coming to camp for all participants, a rapid test is required prior to entering a cabin, and further tests are required at the onset of any symptoms of COVID-19 or any travel outside of camp that involves contact with the public (i.e in the case of non-covid related medical attention, such as stitches). **These testing requirements apply to all participants, whether vaccinated or unvaccinated.**

- a. **PCR test within 72 hours of coming to camp:** All camp participants, both campers and staff, will show proof of a negative PCR test taken within 72 hours of coming to camp before traveling to camp.

For campers, this will mean a test taken Thursday afternoon before arriving on Sunday. Test results will be uploaded into the camper or staff member's campdoc.com health portal.

Campers or staff without a negative result will not be allowed to check in at camp until a negative result is posted.

Camp WA WA Segowea will not provide isolation care for campers that have arrived at camp without negative results- the camper will have to return home until the result is available.

The only exception to testing permitted by the State of MA is in the case of a positive, and resolved, case of COVID-19 within the last 90 days. In such cases, a doctor's note indicating the diagnosis and recovery from COVID-19 within the last 90 days must be uploaded instead.

Vaccination status does not change anything in regards to testing requirements at this time.

PCR testing availability has expanded greatly recently and can often be found at local hospitals, pharmacies, and urgent cares, however, we strongly recommend that a family make an advance appointment for the Thursday prior to their Sunday check-in. **Contact camp staff by June 15 for assistance if you are having any trouble locating an accessible testing site.**

- b. **Arrival test:** Upon arriving at camp, all participants (campers and staff) will be given a rapid test administered by AMC Urgent Care out of Torrington, CT. If a camper or staff has a positive result, the camper will need to return home for the period of time dictated by their local health department, and 24 hours after a negative test result is recorded. Campers or staff with a doctor's proof of recovery from COVID-19 in the past 90 days are exempt from the arrival test. Day staff (health care consultant and cleaning staff) are exempt from testing requirements and do not interact with any cohorts while on the property.
- c. **Symptoms test:** If a camper or staff member has symptoms of COVID-19 as outlined in the above definition from the CDC, they will be given a rapid test either at camp administered by a trained staff member or at the AMC Urgent Care in Torrington. If a positive result is indicated, the participant must return home for the amount of time indicated by their local health department

- d. Test after any off-site medical travel:** If a participant travels off-site and is in contact with the public for any circumstances, that participant can not rejoin programming or a cabin until a negative test result from a rapid test is given.
 - e. If a camper is staying for the full month:** If a camper is staying for both sessions, our recommendation is for them to stay at camp for the session break and not be exposed to the public. In this situation, we have requested a waiver on a PCR test from our local health department, and plan to instead administer a rapid test on the Thursday before the new session, and another test on Sunday during check-in. We have not heard back yet on what the process will be for a camper who is picked up between the two sessions. In those cases, families need to first remember that the camper must be in quarantine for the 24 hours out of camp and also prepare for the possibility that the camper will either need to receive a rapid test that afternoon or a PCR test and have to wait to return until the results are back. Once this policy is clarified by our health department, we will contact all of the one month campers.
- 3. Cohorts:** All participants will be assigned a cabin cohort of 6-8 campers upon arrival and will sleep, do daily activities, and eat meals with the cohort. For more specifics related to cohorts, please see the “Cohort” section below in “Mitigating the Spread of COVID-19 at Camp.”
- 4. Remote day field trips:** All travel off-campus that is not for emergency health care purposes, must be no-contact and within 45 minutes driving distance from Camp. All field trips must take a first-aid kit, and contactless thermometer. All participants are prohibited from undertaking field trips that involve the public. Overnight trips off the camp property are prohibited.

In the event that a participant begins to feel symptoms of COVID-19 on a field trip, that individual must be removed from the group and isolated until the health care consultant is contacted and the emergency back-up driver and an assistant can come from camp. No one will be left alone. A participant that is symptomatic will remain in a covered location, outside, until the health care consultant can dictate care and the back-up driver arrives. The back-up driver and assistant will wear full PPE, using an emergency PPE bag stored in each vehicle, and then return the participant to camp to be tested and quarantined appropriately.

The following types of trips are permissible under supervision of camp staff or leadership:

- a. Hikes and canoe trips that do not involve the public, IE: 100 Acre Pond, Mill River preserves, weekday hikes to select trails.
- b. Drive-through food establishments
- c. Drive-up supply pick-up at places like grocery stores, Target, and Walmart

- 5. Staff Policies:** All overnight staff will remain on the property, or on supervised and approved field trips, for the entire duration of their overnight camp employment.

Staff are encouraged to get vaccinated and to show proof of their vaccination on their campdoc.com portal. All healthcare staff are required to be vaccinated.

All staff, regardless of vaccine status, will undergo daily symptom checks alongside campers.

Staff will remain in their assigned cabin cohort for the duration of the session. The exception to cohorts will be as follows:

- a. Speciality activity teaching: staff who teach speciality activities such as swimming, sailing, archery, and arts and crafts will do so while masked and maintaining a social distance from all campers. If a particular portion of instruction requires entering the water, the instructor will remove their mask for that portion of the activity only.
- b. Emergency supervision: If a cohort requires supervision and none can be provided by their immediate counselors, a leadership staff member may assign another counselor to support that cabin. All members of the cohort must wear masks, and distance between the supervising counselor and cohort members maintained.
- c. Time off for vaccinated staff members: Whether or not vaccinated staff members who are not experiencing any symptoms of COVID-19, can spend time together while off duty is under review by our health department. We will update this policy ASAP.

6. Visitors: No visitors are allowed in Base Camp during the summer. This includes parents, guardians, alumni, and board members.

State health officials, emergency personnel, accreditation visitors, delivery drivers, landscape mowers, and mechanical technicians are allowed on the property for scheduled, necessary visits and must remain masked, at a distance, and log their visit in the visitors' log. All such entrance into Base Camp must be approved by the Camp Director, Healthcare Consultant, or Facility Manager- except in the case of dialing 9-1-1 for an emergency.

7. Communication with Parents and Guardians: If a camper or staff member is showing any symptoms of COVID-19, their guardian will be notified and a test will be administered. If a test is positive, Camp WA WA Segowea will follow the communication plan outlined below in the "Responding to a positive case of COVID-19" section. In the event of a negative test result, only the sick camper's guardians will be contacted and appropriate care measures will be taken for that camper.

III. RESPONDING TO A POSITIVE CASE OF COVID-19: Showing symptoms of, contracting, or being exposed to COVID-19 is a risk for all participants in camp this summer. In the event that a participant tests positive, or has on-going symptoms of COVID-19 the following protocols and policies will be in place to care for the sick or asymptomatic participant, communicate with our families and health officials, and protect all other participants to the greatest extent possible.

1. Immediate care for participants:

- a. Isolation:** All participants that receive a positive test will be isolated immediately and their guardian (or emergency contact in the case of a staff member) will be notified to pick them up as soon as possible. Page Lodge will be the primary location for isolation, with three bedrooms available for 3 participants. If a larger area is needed, the page yard will be used for up to 8 additional isolation tents. If multiple participants test positive and space is needed, members of the same cohort, who have both tested positive, will isolate together in Page Lodge. Once picked up, the participant will go home for their full length of isolation as defined by the health department and cannot return to camp without being symptom-free, showing a negative test result, and having completed the necessary length of isolation.
- b. Quarantine:** If a non-vaccinated participant is exposed to COVID-19 as determined by the Health Department, that individual will quarantine and await being picked up by their guardian to complete their quarantine at home. The length of quarantine will be defined by the Health Department. If an exposed participant is vaccinated, symptom-free, and approved by the health department to remain at camp, they will not have to quarantine.
- c. PPE Guidelines:** For all suspected or confirmed cases of COVID, all appropriate PPE equipment will be used by close contacts to include but not limited to: disposable gloves, gown, eye covering, mask and cap.
- d. Emergency Medical Attention Criteria:** All medical concerns will be immediately evaluated by the nurse on duty and appropriate treatment initiated. If it is deemed that there is a life-threatening situation or the care required is beyond the healthcare center scope of practice, the Nurse or Health Care Consultant will direct care to the nearest urgent care or emergency room facility. In such a case, the Camp Director will notify the guardians of the transfer.
- e. Bathroom Use and Sanitization Protocol:** The bathroom at Page Lodge will be the primary bathroom used for all participants either in isolation or quarantine. Masks must be worn in the bathroom, and the Health Care Assistant or Nurse will sanitize the bathroom between each use.
- f. Overnight isolation and quarantine.** If needed due to travel length, participants can isolate or quarantine overnight at Page Lodge. Meals will be delivered, and

full-time supervision and healthcare will be provided by either the Health Care Supervisor or the Camp Nurse. The staff member on duty will have a two-way radio and keep in touch with the Camp Director continuously, providing updates as needed if emergency medical attention is needed. An independent phone line is also available in Page Lodge for any emergencies.

2. **If a participant is symptomatic, but tests negative or receives an alternative diagnosis:** Participants who are symptomatic, but have tested negative, must remain quarantined from other participants until all symptoms have stopped and for 24 hours after being fever-free using no suppressant medication. If transportation home for this period of time is prohibitive, participants may remain at camp, in Page Lodge, for their quarantine period. Vaccination status does not change quarantine protocol for anyone experiencing symptoms of COVID-19.

2. Communication of Symptoms at Camp

- a. **Nurse or Health Care Assistant:** All participants will be oriented on the first day of programming to disclose any symptoms to their cabin counselor or the camp nurse immediately. A daily health screening will take place each morning after breakfast, and temperatures will be taken and logged by cabin counselors. If a participant is demonstrating symptoms, or has an elevated temperature, they will go see the Camp Nurse.
- b. **Leadership & Health Care Consultant:** Once a symptom has been confirmed by the camp nurse, the director will be notified verbally and they will contact the health care consultant via the phone and the campers guardian via the phone. A test will be scheduled and if the result is positive, the Camp Nurse will take over all care of COVID cases and the Health Care Supervisor will manage the needs of the rest of the camp.
- c. **Immediate Parents/Guardian:** Guardians of the sick participant will be notified via a phone call before a test is taken, and once the results have come back. If a participant is positive, the guardian must make a plan to pick up the participant as soon as possible. Long-term isolation care is not available at camp. If a participant is negative, the Director, Nurse, and guardian will discuss options for care as outlined above in the “what happens when a camper is sick at camp but it isn’t COVID-19” section.
- d. **BOH & CSP Notification & Contact tracing:** The BOH will be notified immediately if there is a positive case of COVID-19 at camp. All program logs and cohort rosters will be provided and the Camp Nurse and Camp Director will assist with any next steps. CSP will be notified via an incident report within 48 hours of the positive result.

- e. **All parents, and Board of Directors:** If a participant is positive, all parents and guardians and the Board of Directors of Smith Park of NY will be notified via email. The Camp Committee Chair will also be called.

No personal identification of any individuals will be shared. I.E. if one cabin has a positive case, and 6 campers have been exposed the notification will read: one camper has tested positive for COVID-19 and is isolating with care from our Camp Nurse. 6 other campers in the same cohort were exposed and are now quarantining under the supervision of their counselor.”

In the immediate 4 hours after this notification is sent, communication about non-exposed campers is requested to take place via email and not the camp phone in order to keep the two phone lines free for communication with the families of campers that are isolating and quarantining. Please know that we will return all messages as promptly as possible.

IV. MITIGATING THE SPREAD OF COVID-19 AT CAMP: With the understanding that exposure to COVID-19 is a possibility throughout a participant's time at Camp, the following protocols and policies will be in place to limit widespread COVID-19 exposure to the greatest amount possible.

1. **Check-in/Check-out protocol:** No visitors will be allowed into Base Camp at any point in the summer. Check-in and check-out will happen at the top of the hill, using a drive-through system that allows two cohorts to drop off every thirty minutes starting at 12 noon, and all pick-up to happen from 9:30 AM - 10:30 AM.
2. **Cohorts:**
 - a. **Basic Structure:** Each camper will be assigned a cabin with 1-2 counselors. This cabin will include 6-8 campers and will be the camper's cohort for their entire time at camp. Campers and counselors in their assigned cohort do not wear masks inside the cabin, or when during activities that are only the cohort and distanced from other cohorts. Everyone will wear a mask whenever distance can not be maintained (i.e in the bathhouse, walking on cabin row, walking to and from the dining hall).
 - b. **Meals:** Food will be served by kitchen staff in a buffet line. Everyone will remain masked while in the buffet line, and will be sent by cohort to the line- maintaining distance between cohorts. Everyone will eat at a table with their cohort. Tables will be spaced 6 feet apart and the dining area will be well ventilated (either the dining hall, with all shutters removed and doors open, or outside under a tent). Beverages will be placed on the cohort table and served by a trained staff member- campers will not pass any beverages around the table. Camper waiters will clear and clean their own cohort tables after each meal. MA DPH has advised that camps should continue with normal after meal protocols, within each cohort. Hand sanitizer will be available in the dining hall, and all campers will be reminded to clean their hands before exiting the dining hall. Kitchen staff will sanitize the tables between each meal.
 - c. **Emergencies:** The cohort structure will remain in effect during all emergency drills and actual emergencies. During all storm-related emergencies where evacuation is not needed, cohorts will shelter inside the lodge and dining hall in marked areas that are 6 feet from other cohorts. If evacuation of the property is needed, cohorts will remain together, follow the evacuation protocol and be picked up individually by guardians. Off-site group travel will not be provided by Camp WA WA Segowea.
 - d. **Masks:** Cohorts are exempt from wearing a mask when together and more than 6 feet away from other cohorts outside, or inside eating a meal and 6 feet apart from other tables. Masks must be worn by all participants when in the bathhouse, but not showering or brushing teeth, on cabin row, and going to and from the dining hall.

- e. **Waterfront Activities:** Cohorts will remain together for swimming and boating activities. Campers cannot share a boat with a camper from another cohort, and must remain 6 feet away from boats in other cohorts. The C-Dock will be used by one cohort at a time. The big dock will be divided into two zones: the log and the main dock. Two cohorts may use the Big Dock at the same time provided that normal guarding for both areas is scheduled and the cohorts remain in the two separate designated zones.
 - f. **Hygiene Activities:** Campers will have access with a buddy or triad to use the bathrooms as needed during the day, everyone will wear masks. Showers will be staggered, as they usually are, and only one cabin will shower at a time. Similarly, cabins will rotate through use of the bathhouse at bedtime so that only one group is brushing teeth at a time.
 - g. **Paired activities:** Cohorts may be paired for non-contact activities and remain distanced throughout the activity. Some examples are: side porch board games, pottery, cabin skits, and arts and crafts. Masks must be worn for the duration of the activity and cohorts must stay in designated areas that are 6 feet distanced from each other. A log of all paired activities will be maintained by the Health Care Assistant and Safety Coordinator, and materials can not be shared between cohorts.
 - h. **Contact Sports Policy: TBD as outlined by the Massachusetts Department of Public Health guidelines.** Non-essential visitors, and all spectators or visiting groups will be restricted completely this summer.
 - i. **Contact tracing & supply management:** All supply use, and all program activities will be logged by the Health Care Assistant. Supplies will be sanitized immediately following use or left unused for the specific period of time pertaining to the items as determined by MA DPH. In the event of a positive case, these logs will be given to the health department to determine any necessary steps to be taken.
3. **Handwashing, proper cough and sneeze etiquette:** All program participants will be oriented on the first day of programming how to properly cough and sneeze into their elbow to minimize the spread of germs. Participants will also be instructed to wash hands before all meals, after using the restroom, after coughing or sneezing, and before using shared equipment.
4. **Daily symptom screening:** Each day after breakfast all participants will be screened for symptoms and have their temperature taken.
5. **Supply management:**

- a. Every program area in camp will have a locked area to store cleaning supplies for after a cohort has finished with an activity. These supplies will be checked daily during camper chores in the morning and re-stocked as needed.
 - b. All medical PPE will be checked by the nurse or health care assistant each week if no quarantine or isolation has been required, or immediately following any potential contact, and the director will be notified if any more ordering is required. The following minimum amount of PPE will be available at all times:
 - 2 boxes of masks
 - 3 boxes of gloves
 - 2 boxes of each: face shields, caps/bonnets, gowns
6. **High-frequency touch sanitizing:** The camp bathrooms and handwashing areas will be sanitized three times daily at 8:45 AM, 2:30 PM and 6:30 PM. Dining surfaces will be sanitized after each meal. There are no doorknobs or other high-touch areas that need sanitizing.

VI. Continuation of Care for Non-Impacted Participants: In the event of a participant, or multiple participants, testing positive for COVID-19 or being exposed to COVID-19, the Nurse and Health Care Assistant will split management of camp healthcare into “COVID” and “Base Camp” so as to maintain quality care for everyone at camp. This split will be determined by the Camp Director and the Health Care Consultant. In any case, two adults will supervise any campers in Page Lodge, unless multiple campers are placed together in the same room. At no time will one adult staff member supervise one camper alone.

In most cases, the following will take place, however Camp retains the discretion to assign staff members that best fit the needs at that point in the program.

1. Asymptomatic Participants: The Health Care Assistant will supervise the care of asymptomatic participants, coordinate the communication plan, and provide care as needed. The Health Care Assistant will have a walk-talkie and will communicate with the Camp Nurse if any symptoms present themselves. The Camp Nurse will remain in Base Camp and will continue to care for the rest of the Base Camp population at camp and monitor for any new symptoms or needs.
2. Symptomatic Participants: The Camp Nurse will supervise the care of symptomatic participants, coordinate the communication plan, and provide care as needed. The Health Care Assistant will manage the care for the rest of the camp and will communicate via walkie-talkie with the Camp Nurse if an urgent need arises.
3. Both symptomatic and asymptomatic participants: In this case, the Camp Nurse will supervise care and will request additional support from the Camp Director as needed. The Health Care Assistant will supervise the healthcare for the remaining Base Camp population of camp.

VI. REFUND POLICY: No changes to the camps refund policy, included below, will be made in the case of contracting or being exposed to COVID-19 this summer- including in instances for symptoms, a confirmed case, or exposure to COVID-19 exclude the camper from programming for any amount of time. Comprehensive insurance is available through campdoc.com starting at \$72.45.

Payment Information:

\$100, non-refundable, deposit per camper, per session is due at the time of registration. This deposit secures your camper a spot at Camp. The full balance of your registration is due June 1 for all overnight campers, or within one week of a Family Camp session.

Refund Policy

If space and circumstances allow, families may elect to move their child to a different session/program at no additional cost (except any additional costs a different program may incur). If a family must cancel, or if illness, accident, or exposure to illness excludes a camper from the program under any circumstances, please understand the following: If you cancel with more than 30 days till the session start date, then you will receive all money paid EXCEPT \$100 refund; 30 days until the session start date = NO REFUND